

Empower, Nurture & Inspire

Diana Leigh Matthews



*From Rebel to Redeemed
Sharing His Kind of Love
Teaching Opportunities*



LIFE COACHING APPLICATION

Who Am I?

Leagh works with students to explore their strengths, personality and dreams through a variety of exercises. Leagh helps students to get in touch with their inner self and their heart's desire for their lives.

Developing Stronger Relationships

Do you long for stronger relationships? Do you struggle with opening up and sharing with those closest to you. Leagh will help you work through these obstacles to open up and share your heart with those closest to you.

Financial Wellness

Leagh will share her own stories of struggling with financial wellness. She will provide insight and suggestions to get your finances in order and becoming financially well.

Leagh is a speaker, writer, vocalist, life coach, teacher, web designer and genealogist.

She has a Bachelor's Degree in Music and is currently obtaining her Master's in Life Coaching. She has been a caregiver for over 20 years.

She has over 20 years experience researching her family history. She has developed and taught many of these options over the years.

Length of class recommended varies on subject. Classes are for 6-12 weeks but may be able to be customized to meet your needs.

Great for students, homeschoolers, continuing education classes, Senior Living Programs, Summer Camps and various other options.

Caregiving Life Coach Sessions

Help! For the Caregiver

Leagh works with the caregiver to develop a plan that works best for their situation. She also provides direction on preparing documentation for the future, dealing with burnout, finding support groups, ways to keep from losing yourself during this season of life and answering questions to other situations that arise for the caregiver.

When Life As a Caregiver Ends

Leagh provides tips on dealing with grief, moving forward and setting goals towards a new chapter in your life.



Music Topics

Music in America*

Music has greatly evolved in America since the evolution of this country. Music from the Mayflower, to the Revolutionary War and Civil War and finishing up in the 20th Century where a number of musical styles evolved.

Music of the World*

Discover more about the musical styling's around the world.

History of Musicals*

We will discover how the modern musical developed over the last 150 years, with the evolution from opera, to Tin Pan Alley, to Broadway, the West End and Film Musicals.

Classical Composers*

Get to know Bach, Beethoven, Mozart, Haydn, and other classical composers. We will delve into their lives and legacies.

Basics of Music Theory*

Learn the basics of music theory. We will learn to read sheet music and how to build on the basics.

Voice Workshop

Learn the basics of singing, from warm-ups and breathing techniques, to pitch exercises and other basics.

**6-12 week classes/great for a semester*



Diana Leigh Matthews Ministries

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Celtic Presentations



Life in Scotland*

Come learn more about Scotland. From the history, to the food, arts and culture of today. This is an in-depth study of the country.

GENEALOGY

Beginning Genealogy*

Learn the basics of getting started researching your family history. Leigh will teach you where to start or the records you should check.

Advanced Genealogy*

Have you been researching your family history a while and need more tips? Leigh will show you other records to research and tips to break through your brick walls.

Business Presentations

Discovering Personalities

Leigh explores the four personality types , helps students discover their own personality and techniques for dealing with other personalities.

Business Etiquette

Leigh will teaches proper etiquette for various business situations from networking to dinners.

How Do I Help My Employees that Are Caregivers

In this presentation Leigh provides valuable tips and tools to help your employees who are actively caring for a loved one. She helps you to discover various plans to implement that are beneficial and workable for everyone involved.